

# Vanina Waizmann

info@livingwithtotality.com

www.livingwithtotality.com

646.420.4957

## Formal Academic Education

Universidad de Buenos Aires

**PhD. in Psychology** 2011

2 Doctoral scholarships, granted by CONICET (Consejo Nacional de Investigaciones científicas y Técnicas).

New School University, New York 2012

**Masters in Science in Non Profit Management**

(Merit Scholarship)

Universidad de Buenos Aires

**Specialization in Statistics for Health Sciences** 2008

Maimónides University, AIGLE Foundation

**Specialization in Individual and Group Psychotherapy** 2006

Universidad de Belgrano

**Licence in Psychology**

2003

Magna cum Laude

Intermediate degree: Communitarian Mental Health Agent

## Grants & Scholarships

Antiracist Community Engagement Grant. Colorado College. 2025

Merit Scholarship, granted by the New School University. 2011 - 2013

Doctoral Scholarship type II, granted by CONICET 2010 - 2012

Doctoral Scholarship type I, granted by CONICET 2007 - 2010

Perfection of Research Grant - Universidad de Belgrano 2006

Initiation to Research Grant - Universidad de Belgrano 2004 - 2005

## Awards and Honors

3<sup>rd</sup> place "Lester Luborsky" award, for the work "Negotiation and its Role in Alliance Formation, Maintenance and Repair". 40th Annual Meeting of the Society for Psychotherapy Research, Asilomar, California (June 2010)

Award for the Presentation of Works in Scientific Events, Program of Awards and Stimuli to Professors of the Universidad de Belgrano (December 2009).

Student Award, given by the Society for Psychotherapy Research (SPR), for the presentation of works at the 35th Annual Meeting of the SPR, Rome, Italy (June 2004)

## **Funding**

2010-2012. Evaluation of moderating and mediating conditions of the Therapeutic Alliance. A naturalistic study about the efficacy in brief cognitive-integrative psychotherapy. UBACyT. 2002009100041. Res. N° 1004/10 (CS).

2009. PIP Characteristics of the interventions in psychoanalytic and cognitive psychotherapies for the treatment with patients with generalized anxiety disorders. Similarities and differences. 2009-2011. PIP 114-200801-00284.

2008. Characteristics of the interventions in psychoanalytic and cognitive psychotherapies. Similarities and differences. Universidad de Buenos Aires. UBACyT P 818. Renewal. 2008-2009. Resolución N° 4307/08.

2006. Characteristics of the Interventions in Cognitive and Psychoanalytic Psychotherapy. Similarities and Differences. UBACyT P818. 2006-2008. Resolution Nr. 508/06. IP: Dr. Andrés J. Roussos.

2006. Steps in the Development of a Clinical Library for Research in Psychoanalysis. Universidad de Belgrano, subsidie given by the International Psychoanalytic Association.

2002. Study of Psychotherapeutic Interventions, in Psychodynamic Therapy. International Psychoanalytic Association.

## **Professional Background**

### **Teaching**

*Colorado College (CC, 2025). The Role of Mental Resilience in Social Change and Community Leadership.*

*University of Virginia (UVA, 2024). Managing Stress and Preventing Burnout in Activism.*

*Florida International University (FIU) 2020 - 2021 - 2024)*

*Univesidad de San Andrés.*

2018

*Asociación Psicoanalítica de Buenos Aires (APdeBA). Teacher at and online program in Methodology Research for Psychotherapists. 2010 - 2011*

*Universidad de Belgrano, Buenos Aires, Argentina  
Adjunct Professor in Research Methodology. Until 2016*

Research Methodology for professors.  
2009

Research Methodology in Psychology. Undergraduate 2004 to 2011  
Epistemology and Research Methodology in Clinical Psychology 2003-2008  
Undergraduate Thesis in Psychology 2003 - 2006  
Master Thesis in the Master in Cognitive Psychology 2005

*Universidad del Salvador*, Buenos Aires, Argentina.  
Communitarian Psychology. Undergraduate 2005

*Universidad de Buenos Aires*, Buenos Aires, Argentina  
Technical coordinator. Psychotherapy research methods, Doctoral level  
2004  
Course for master thesis in the Master in Educational Psychology 2003

*Universidad Maimónides*, Buenos Aires, Argentina  
Introduction and History of Psychology seminars for Medicine undergraduates  
2004  
Introduction to psychology. Undergraduate. 2004  
History of psychology. Undergraduate.  
2004

### **Research Activities**

Member of the Research team in Clinical Psychology. Research Institute, Clinical and Development Psychology. Psychology Faculty. Universidad de Buenos Aires (2006 to present).

Research Activities in Clinical Psychology at the New School University and Beth Israel Medical Centre, directed by Dr. Safran (New York, 2009 to present).

Coordinator in the Research at the Clinical Psychology Team of the Universidad de Belgrano as a researcher in formation. Director: Dr. Andrés Jorge Roussos. (2006 to present).

Part-time activities as a Researcher in training at the Research in Clinical Psychology Team of Dr. Andrés J. Roussos. Universidad de Belgrano (2002-2006)

### **Editorial Activities**

Editor at the New School Psychology Bulletin's Editorial Board (2011).

### **Human Resources**

Co-director of the PhD. Dissertation in Psychology from the Universidad del Salvador of Dr. Cecilia Freire.

Co-director of the Graduate Dissertation in Psychology from the Universidad de Belgrano of Isabel Espindola.

Methodological and Statistical Consultant in Undergraduate, Master and Doctoral Dissertations

### **Internships**

*The Water Tank Project*. Development Director (2012-2013)

*Beth Israel Medical Centre - New School for Social Research*: Research activities and Clinical Training (September 2009 - 2013), directed by Dr. Safran

*CUCARD -Columbia University Clinic for Anxiety Related Disorders*: Assistance in working groups with anxiety disorders and participation in a treatment program for children with ODD (Oppositional Defiant Disorder) (April and May, 2008). Directed by A.M. Albano.

*Beth Israel Medical Centre - New School for Social Research*: Research activities and Clinical Training (April and May, 2008), directed by Dr. Safran

*Argentinean Institute for Negotiation, Conciliation and Arbitration* (Instituto Argentino de Negociación, Conciliación y Arbitraje - I.A.N.C.A.). (2002-2003)

*School "Escuela del Sol"*. (2001)

*Addiction Centre: Claude Bernard*. (2000).

### **Volunteer Activities**

Therapist at Osho International Meditation Resort - Present

Volunteer Program Director at the nonprofit Word Above the Street. New York, NY (2011)

Research Assistant at a research study (NIH grant: New York University - St. Luke's Roosevelt Hospital Centre, NY,NY): Program for adherence to treatment for Latin HIV positive population. (2010).

### **Clinical Supervisions**

Group Supervision with Krishnananda and Amana Trobe. Learning Love approach. Present.

Group supervision with Lic. Patricia Gubbay and Mirta Dall Occhio. Hémera (2007-2012).

Individual Supervision with Lic. Graciela Jolodenco. (2005 - 2012). Member of the Argentinean Psychoanalytic Association.

Assistant in clinical supervisions at the Psychiatric Institute (PI) - Columbia University, with Dr. Anne Marie Albano (April and May 2008) at the Eating Disorders Group. Cognitive orientation.

CUCARD (Columbia University Clinic for Anxiety Related Disorders). Assistant in clinical supervisions for Anxiety Disorders. Dr. Albano (April and May 2008).

Beth Israel Medical Centre - New School for Social Research. Assistant in the Supervision Group coordinated by Dr. Safran, from the Relational frame and the BRT model in particular (April and May, 2008 and September, October, December, 2009).

Individual Supervision with Lic. Patricia Gubbay (2005-2007).

### **Publications - Peer-reviewed journals**

Waizmann, V., Doran, J., Bolger, K., Gómez Penedo, JM, Safran, J. & Roussos, A. (2015). Escala de negociación de alianza terapéutica (ANS-A). Evidencias de su validez y confiabilidad [Alliance Negotiation Scale (ANS-A): Evidence on validity and reliability]. *Revista Argentina de Clínica Psicológica*, Vol. XXIV, N°3, 243-254

Gómez Penedo, JM, Roussos, A. & Waizmann, V. (2015). Inventario de Alianza de Trabajo Breve (WAI-SR-A).

Roussos, A., Etchebarne, I. y Waizmann V. La interpretación psicoanalítica y su relación en el estilo lingüístico del paciente. Un estudio de caso único. [The Psychoanalytic Interpretation and its Relation with the Linguistic Style of the Patient].

Doran, J., Safran, J., Waizmann, V., Bolger, K. & Muran, C. The Alliance Negotiation Scale: Psychometric Construction and Preliminary Reliability and Validity Analysis. Journal of the Society for Psychotherapy Research, SPR.

Waizmann, V. y Roussos, A. J. Adaptación de Inventario de Alianza de Trabajo en su Versión Observador: WAI-O-A. Anuario de Psicología, Universidad de Buenos Aires.

Waizmann, V. y Roussos, A. J. (in press). [Regarding the difficulty in the conceptualization of the Therapeutic Alliance. Intersubjetivos.

Roussos, A., Waizmann, V. y Etchebarne, I. (2010). Common interventions in 2 single cases of Cognitive and Psychoanalytic Psychotherapies. Journal of Psychotherapy Integration. Vol. 20, No. 3, 327-346

Juan, S., Etchebarne, I., Waizmann, V., Leibovich de Duarte, A., Roussos, A. (2009). El Proceso Inferencial Clínico, el Pronóstico y las Intervenciones del Psicoterapeuta [The Clinical Inferential Process, Prognosis and the Interventions of the psychotherapists]. Anuario de investigaciones. Facultad de psicología - UBA. Secretaría de investigaciones. V. XVI. Tomo 1, 43-51.

Roussos, AJ.; Etchebarne, I. y Waizmann, V. (2009). La Interpretación Psicoanalítica y su Relación en el Estilo Lingüístico del Paciente. Un Estudio de Caso único. [The Psychoanalytic Interpretation and its Relation with the linguistic Style of the Patient: A Single Case Study]. Anuario de investigaciones. Facultad de psicología - UBA. Secretaría de investigaciones. V. XVI. Tomo 1, 95-102.

Waizmann, V. y Roussos, A. (2007). El registro de material clínico para investigación en psicoterapia. Debates sobre su utilidad, efectos y potenciales problemáticas [The Registry of Clinical Material for Research in Psychotherapy. Debate about its Utility, Effects and Potential Problematic]. Revista "Investigaciones en Psicología" de la Universidad de Buenos Aires. V12 (2) 139-153.

Waizmann, V., Jurkowski, L. y Roussos, A. (2006). Descripción de las intervenciones elegidas por psicoterapeutas psicoanalíticos y cognitivos [Description of the Interventions chosen by Psychoanalytic and Cognitive Psychotherapists]. Anuario de la Universidad de Buenos Aires, 41-50.

Roussos, A., Etchebarne, I. y Waizmann, V. (2005). Un esquema clasificatorio para las intervenciones en psicoterapia. Psicoterapia cognitiva y psicoanalítica [A Classificatory Shema for the Interventions in Psychotherapy. Cognitive and Psychoanalytic Psychotherapies]. Anuario de la Universidad de Buenos Aires, 51-61.

Waizmann, V., Etchebarne, I. y Roussos, A. (2004). La interacción entre las intervenciones psicoterapéuticas de distintos marcos teóricos y los factores comunes a las psicoterapias [The Interaction between Psychotherapeutic Interventions from different Theoretical Frames and the Common Factors]. Revista Argentina de Clínica Psicológica, Vol. XIII, Nro. 3, 233-244.

### **Reviewed books**

Waizmann, V., Espíndola, I. y Roussos, A. J. (2009). Acerca de las Rupturas de alianza terapéutica. [Regarding Ruptures in the Therapeutic Alliance]. Facultad de Psicología, UBA.

Waizmann, V., Serrano, S., Espíndola, I., Siman, L. y Cajal, M.C. (2009). La adaptación en Argentina Inventario de Alianza de Trabajo en su versión observador ( IAT-A-O). [The Adaptation of the Working Alliance Inventory in it Observation Form]. Facultad de Psicología, UBA.

Waizmann, V. y Roussos, A. (2007). La Alianza Terapéutica y su Interacción con otros Factores en Psicoterapia [The Therapeutic Alliance and its Interaction with other Factors in Psychotherapy]. Publisher in Memorias de las XIV Jornadas de Investigación y Tercer Encuentro de Investigadores en Psicología del MERCOSUR: La investigación en Psicología, su relación con la práctica profesional y la enseñanza. Universidad de Buenos Aires, pp. 144-148.

Roussos, A., Etchebarne, I., Cabelli, C., O'Connell, M., Pendola, W., Waizmann, V. (2006). Bases para el desarrollo de una biblioteca clínica para investigación en psicoterapia [Bases for the Development of a Clinical Library for Research in Psychotherapy]. Published in Memorias de las XIII Jornadas de Investigación: Paradigmas, métodos y técnicas. Universidad de Buenos Aires, pp. 72-74.

Roussos, A., Waizmann, V., Etchebarne, I., Dorfman Lerner, B. y Polcaro, E. (2004). Diseño del diccionario de Actividad Referencial Ponderada en Idioma Español(S-WRAD) [Design of the Referential Activity Dictionary, weighed to Spanish (S-WRAD)] . Published in Memorias de las XI Jornadas de Investigación: Psicología, Sociedad y Cultura. Universidad de Buenos Aires. Vol. II, 301-303.

Roussos, A., Waizmann, V. y Etchebarne, I. (2003). Un esquema clasificatorio para las intervenciones en Psicoterapia [A classificatory Shema for Interventions in Psychotherapy]. Published in Memorias de las X Jornadas de Investigación: Salud, educación, justicia y trabajo. Universidad de Buenos Aires. Vol. I , 98-101.

### **On-line y in CD ROM Publications**

Waizmann, V. & Roussos, A. (2010). Psychoanalysis in Argentina II. IARPP ENews. A Digital Periodical of the International Association for Relational Psychoanalysis and Psychotherapy Volume 9, Number 1, pg. 8.

Cabelli, C. y Waizmann, V. (2006). Peculiaridades de los dispositivos terapéuticos mediados por internet [Peculiarities of the Therapeutic Devices by Internet]. Available at: <http://www.depsicoterapias.com/site/articulo.asp?IdSeccion=13&IdArticulo=132>

Roussos, A., Waizmann, V., Etchebarne, I., Dorfman Lerner, B. y O'Connell. M. (2005). Psychoanalytic intervention research program. Available at: <http://www.ipa.org.uk/research/htm/roussos.pdf>.

### **Work Documents' Publications**

Waizmann, V. y Roussos, A. J. (2005). Preparación de artículos científicos en Psicología Clínica [Preparation of Scientific Articles in Clinical Psychology]. Universidad de Belgrano.

Etchebarne, I., Waizmann, V., Jurkowski, L., Rauchberger, V., Muller, F., Roussos, A. J. ¿Cómo citar y referenciar? Normas de la American Psychological Association. [How to Quote and Referentiate? American Psychological Association Norms]. Universidad de Belgrano.

Roussos, A., Etchebarne, I. y Waizmann, V. (2004). Clasificación de las intervenciones en los tratamientos psicoterapéuticos psicoanalítico y cognitivo [Classification of the Interventions in Psychoanalytic and Cognitive Treatments]. Universidad de Belgrano.

Roussos, A., Etchebarne, I. y Waizmann, V. (2004). Registro de audio/video grabado de material clínico para uso en investigación [Audio / Video Registry of Clinical Material for its Use in Research]. Universidad de Belgrano.

### **Scientific Articles' Translations:**

Translation from French of: Inter-judge Agreement Evaluation in Clinical Research: A Brief Introduction to the Inter-judge Reliability. Dubé, E. (2008). Argentinean Journal of Clinical Psychology, Vol. XVII, No. 1, pp 75-80.

### **Participation in Scientific Events**

Waizmann, V., Doran, J., Bolger, K., Safran, J. & Roussos, A. Adaptation of the Alliance Negotiation Scale in Spanish and Comparison with the Original Version. 43<sup>rd</sup> Annual Meeting of the Society for Psychotherapy Research, Virginia. June 2012.

Jock, B., Bolger, K., Olivera, J., Gómez Penedo, M., Waizmann, V., Roussos, A. & Safran, J. A Cross Cultural Look at Patient's Perspective of Change. 43<sup>rd</sup> Annual Meeting of the Society for Psychotherapy Research, Virginia. June 2012.

Waizmann, V., Etchebarne, I. & Roussos, A. The interaction between the Therapeutic Alliance and the Therapist's Interventions along a single case cognitive study. Format: Brief Communication. 41<sup>st</sup> Annual Meeting of the Society for Psychotherapy Research, Asilomar, California. June 2010.

Doran, J., Waizmann, V., Bolger, K. & Safran, J. Negotiation and its form in Alliance Formation, Maintenance and Repair. Format: Poster. 41<sup>st</sup> Annual Meeting of the Society for Psychotherapy Research, Asilomar, California. June 2010.

Doran, J., Waizmann, V., Bolger, K., Muran C & Safran, J. Constructing the Alliance Negotiation Scale: Phase I. Format: Panel. 41<sup>st</sup> Annual Meeting of the Society for Psychotherapy Research, Asilomar, California. June 2010.

Waizmann, V. & Roussos, A. J. (2009). The Interaction between the Therapeutic Alliance and the Therapist's Interventions in a Single Case Psychodynamic Study. Format: Poster. Mid-Atlantic Regional Meeting of the Society for Psychotherapy Research, Philadelphia, November 2009.

Waizmann, V., Espíndola, I. y Roussos, A. J. (2009). Acerca de las Rupturas de alianza terapéutica. Format: Presentación libre. XVI Jornadas de Investigación. Psicología y sociedad contemporánea: cambios culturales. UBA, August 2009.

Waizmann, V., Serrano, S., Espíndola, I., Siman, L. y Cajal, M.C. (2009). La adaptación en Argentina Inventario de Alianza de Trabajo en su versión observador ( IAT-A-O). Formato: poster. XVI Jornadas de Investigación. Psicología y sociedad contemporánea: cambios culturales. UBA, August, 2009.

Waizmann, V. and Roussos, A. (2008). The Interaction Evolution of the Therapeutic Alliance and the Therapists' Interventions in a Single Case Psychodynamic Study. Format: Major Study. 40<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Chile. June, 2009.

Waizmann, V., Serrano, S., Espíndola I. and Roussos, A. (2008). The Argentinean Version of the Working Alliance Inventory - IAT-A. Format: Poster. 40<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Chile. June, 2009.

Etchebarne, I., Waizmann, V. and Roussos, A. (2008). Multidimensional Classification of Psychotherapeutic Interventions (MCPI) for researchers and clinicians. Format: Workshop Study. 40<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Chile. June, 2009.

Roussos, A., Waizmann, V. and Etchebarne (2008). The interaction between the therapeutic Alliance and Therapists' Interventions: An intra-session study. Format: Major Study. 40<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Chile. June, 2009.

Waizmann, V. and Roussos, A. Therapeutic Alliance and its Relation with Cognitive and Psychoanalysts' Interventions in Session. Format: Poster. 39<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Barcelona. June, 2008.

Roussos, A., Waizmann, V. and Etchebarne, I. (2008). The Interaction Between Psychoanalytic Interpretations and Referential Activity. Format: Panel. 39<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Barcelona. June 2008.

Waizmann, V. y Roussos, A. (2007). La alianza terapéutica y su relación con las intervenciones en sesión de los psicoterapeutas cognitivos y psicoanalíticos. [The Therapeutic Alliance and its Relation with the Interventions from Cognitive and Psychoanalytic Psychotherapists]. Society for Psychotherapy Research SPR - VIII Encuentro Chileno. Reñaca, Chile. August 2007.



Waizmann, V. y Roussos, A. (2007). La Alianza Terapéutica y su Interacción con otros Factores en Psicoterapia. [The Therapeutic Alliance and its Interaction with other Factors in Psychotherapy]. XIV Jornadas de Investigación y Tercer Encuentro de Investigadores en Psicología del MERCOSUR: La investigación en Psicología, su relación con la práctica profesional y la enseñanza. Facultad de Psicología, UBA, August 2007.

Roussos, A. J., Etchebarne, I., Cabelli, C., O'Connell, M., Péndola, W. y Waizmann, V. Bases para el desarrollo de una biblioteca clínica para investigación en psicoterapia. [Basis for the Development of a Clinical Library for Research in Psychotherapy]. XIII Jornadas de Investigación de la Universidad de Buenos Aires. August 2006.

Waizmann, V., Jurkowski, L. Etchebarne, I. y Roussos A. Peculiarities in the type of interventions used by psychoanalytic and cognitive psychotherapies. Format: poster. 37<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Edimburg. June 2006.

Etchebarne, I., O'Connell, M., Waizmann, V., Fraiman, Roussos, A. J. The interaction between types and themes of interventions in psychoanalytic psychotherapy Format: poster. 37<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Edimburgo. June 2006.

Roussos, A. J., Waizmann, V., Etchebarne, I., O'Connell, M. Fraiman. Secuential path of psychoanalytic interpretations. A single case study: Format:Panel. 37<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Edinburgh. June 2006.

Roussos, Dorfman Lerner, Etchebarne, Waizmann, O'Connell, Jurowski, Cabelli. Bases para el desarrollo de una biblioteca clínica para investigación en psicoanálisis. [Basis for the Development of a Clinical Library for Research in Psychotherapy]. VI Congreso Argentino de Psicoanálisis. Mendoza, May 2006.

Roussos, A., Etchebarne, I., Waizmann, V., O'Connell, M. y Lenardon, A. The flowing of the interventions in a psychoanalytic and a cognitive psychotherapy. 4to. Congreso Mundial de Psicoterapia. La Psicoterapia como puente entre culturas. Buenos Aires. August 2005.

Roussos, A., Etchebarne, I., Waizmann, V. y O'Connell, M., y Lenardon, A. Type of interventions in psychoanalytic and cognitive psychotherapies, format: panel. 36<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Montreal, Canada. June 2005.

Waizmann, V., Etchebarne, I. Jurkowski, L. Polcaro, y Roussos A. Description of interventions chosen by psychoanalytic and cognitive psychotherapists, format: poster. 36<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Montreal, Canada. June 2005.

Etchebarne, I., Waizmann, V., Lenardon, A., Cavagna Martinez L. y Roussos, A. Interventions theoretical framework and the personal style of the therapist, format: poster. 36<sup>th</sup> Annual Meeting of the Society for Psychotherapy Research, Montreal, Canada. June 2005.

Roussos, A., Etchebarne, I. & Waizmann, V. Tipos de intervención en un tratamiento psicoterapéutico psicoanalítico. [Types of Interventions in a Psychoanalytic Psychotherapy]. VI Congreso Regional Sudamericano de Investigación en Psicoterapia (10/2004). Panel

Waizmann, V, Etchebarne, I., Jurkowski, L., Polcaro, E. & Roussos, A. Descripción de las intervenciones seleccionadas por los psicoterapeutas de los marcos teóricos psicoanalítico y

cognitivo. [Description of the Interventions chosen by Cognitive and Psychoanalytic Psychotherapists]. VI Congreso Regional Sudamericano de Investigación en Psicoterapia (10/2004). Poster

Etchebarne, I., Waizmann, V., Lenardon, A. y Roussos, A. Estilo personal del terapeuta y tipos de intervenciones en psicoterapeutas cognitivos y psicoanalítico. [The Personal Style of the Therapist and the Types of Interventions addressed by Cognitive and Psychoanalytic Psychotherapists]. VI Congreso Regional Sudamericano de Investigación en Psicoterapia (10/2004). Poster

Diseño del diccionario de Actividad Referencial Ponderada en Idioma Español (S-WRAD). [Development of the Dictionary of Referential Activity in Spanish]. Jornadas de investigación en psicoanálisis en la Asociación Psicoanalítica Argentina (28/08/2004). Panel

Diseño del diccionario de Actividad Referencial Ponderada en Idioma Español (S-WRAD). [Development of the Dictionary of Referential Activity in Spanish]. XI Jornadas de Investigación de la Universidad de Buenos Aires. (07/2004). Panel

A Comparative Classificatory Schema of Psychotherapeutic Interventions. Psychodynamic and Cognitive Psychotherapy. 35<sup>o</sup> Congreso Anual de la Sociedad de Investigación en Psicoterapia (06/2004). Poster

Types of Therapeutic Intervention in Two Treatments in Relation to Weighted Referential Activity (WRAD) 35<sup>o</sup> Congreso Anual de la Sociedad de Investigación en Psicoterapia (06/2004). Panel

Un esquema clasificatorio para las intervenciones en Psicoterapia. [A Classificatory Schema of Psychotherapeutic Interventions] - X Jornadas de Investigación de la Universidad de Buenos Aires. (08/2003). Panel

Un esquema clasificatorio para las intervenciones en Psicoterapia . [A Classificatory Schema of Psychotherapeutic Interventions] - Jornadas de Investigación en Psicoterapia, Capítulo Argentino de la Society for Psychotherapy Research (10/2003). Panel

### **Assistant at the following events:**

Annual Division of Psychoanalysis (39), Spring Meeting: "Knowing, not-knowing and sort-of-knowing: Psychoanalysis and the Experience of Uncertainty". New York, NY ( from April 9<sup>th</sup> to the 13<sup>th</sup>, 2008).

Continuous Education Activity: "Interpretation and the Difficult Patient", presented by Kernberg, Clarkin, Diamond, Foelsch, and Yeomans. New York, NY. (April 9<sup>th</sup>, 2008<sup>th</sup>).

Referential Activity Seminar (RA meeting). (April 3<sup>rd</sup>, 2008). Projects from the Pacella Data Base at the New York Psychoanalytic Society and Institute Studies of the Symbolizing Process in Parents' Verbal Expression and Children's Play. Adelphi University. New York.

Journey: The evolution of Thought in Psychotherapy: Experts Tell their Story. XXX anniversary of the Aiglé foundation. September 2007. Invited Figures: Jeremy Safran, Paul Wachtel, Larry Beutler y Amparo Belloch-Fuster.

Journey: How to get trained in Psychotherapy. XXX anniversary of the Fundación Aiglé. July 2007. Seminars: Guillem Feixas / Keith Dobson / Opazo Castro y Verónica Bagladi Letelier.

Workshop: Estrategias cognitivas y comportamentales para tratar la ansiedad de separación infantil y cuadros ansioso-depresivos en adolescentes. Dictated by Anne Marie Albano, PhD. Asociación Argentina de Trastornos de Ansiedad. Buenos Aires, 9 June de 2007.

Cientific Journey: Specialization in Children and Adolescents Journey. Quilmes University. Buenos Aires, April 21, 2007.

IV Latin American Conference in Cognitive Psychotherapies. Cognitive Therapies in Latin America: A Paradigm in Action. Buenos Aires. 2006.

II Journey of the Chapter of Anxiety. APSA. Buenos Aires. 2005.

Journey against the Consume and Illicit Traffic in Drugs. Foundation "Tiempo de vida". Buenos Aires. 2002.

Journey of Psychoanalysis for Children and Adolescents: Love and Work in times of Discomfort. Ápice. Buenos Aires. 1999.

### **Clinical Work**

Human Rights Foundation 2020 – Present. Mental Health Mentor

Líderes Solidarios – Mental Health Mentor for Activists of Democracy

Private Practice. Individual and Group Psychotherapy. Present.

Group Facilitator in USA, India, Argentina, Italy, Chile, Costa Rica, Norway.

Therapist and Group Facilitator - Learning Love Institute.

Therapist and Group Facilitator – Centro Idea. Interdisciplinary Centre for the Treatment of Stress and Anxiety.

Therapist and Group Facilitator – Osho International Meditation Resort, Pune, India.

### **Other Groups and Trainings**

EMDR Training. 2024.

Skylight – Ketamine Assisted Therapy Training. 2023

MAPS Therapy Training Program – MDMA Therapy Training Program. 2022

Clinical Trauma Professional Certification - Janina Fisher.

Learning Love Teacher since 2018. Learning Love Institute (Sedona, AZ):

Learning Love Trainings 1 and 2, Learning Love in Paradise, Healing the wounds of Shame and Guilt, Learning love 1, 2 and 3, Freedom, Healing Shock and Trauma, Abandonment, Jealousy and Loss, When Sex becomes Intimate, Skills Trainings.

Kundalini Activation and Non-Dual Transmission. Levels 1 and 2. 2022 and 2023

Quantum Healing - LNT Therapist. 2024.

Somatic Experiencing Trauma Institute - SE Therapist Training Part 1.

Primal Rebirth (2012)

AFH - OSHO Freedom Process (2014)

Twice Born Tantra - Sexual Deconditioning (2016)

Art Therapy: Primal Art Therapy, Painting your Dance. (2013)

Path of Love, Awakening of Love, Men and Women in the Path of Love (2013, 2015, 2014)

Trans-essence (2015)

Tantra groups: Tantra Consciousness, Time for Femininity, Tantra for Women (2015, 2017)

OSHO No-Mind (2019)

OSHO Born Again and Facilitating (2019)

OSHO Reminding yourself of the Forgotten Language of Talking to Your BodyMind and Facilitating (2019)

*Argentinean School of NLP and Coaching*

Practitioner in Neuro-Lingüistic Programming- Buenos Aires. Argentina. 2004 (132 hours).

*Hémera. Anxiety and Stress Study Centre.*

Courses in anxiety disorders (Modules I and II) Hémera. 2004 -2007. Buenos Aires. Argentina (156 hours).

*American Psychological Association. Division 39*

Interpretation and the Difficult Patient, dictated by Kernberg, Clarkin, Diamond, Foelsch, and Yeomans. New York, NY. (April 2008).

## **Study groups**

Study Group on Paul Wachtel's book "Relational Therapy and the Practice of Psychotherapy" (2008), coordinated by Lewis Aron (Director of the Postdoctoral Program in Psychotherapy and Psychoanalysis at New York University).

Study Group on S. Freud's work in charge of Jorge Mosner (Asociación Psicoanalítica Argentina (2000-2001)

### **Languages**

Fluent in **French, English, Spanish, Italian**

Intermediate level of **Portuguese**